INTERNATIONAL WEEK

Training Teachers in Digital Literacy

Kathleen Keefe-Cooperman, Psy. D. LIU – Post **Training Teachers in Digital Literacy**

- Presentation Outline
 - Before and After the Introduction of the iPad Leading to the Study
 - Children
 - A Study Looking at Visual Spatial Functioning and Digital Device Usage
 - Teacher Preparation for integrating Digital Learning
 - Assessing the Quality of Digital Learning
 - Discussion

Digital Learning & Devices

-First iPad released in 2010

-Many school have have integrated the use of tablets into their curriculum (Apple, 2013a), despite the absence of research to support this change.

Understanding Visual Spatial Functioning

- Sensorimotor skills are key for early cognitive development in children (Piaget, 1952).
- Thinking spatially allows us to focus on object location, shape, the relation to other objects, and what happens when the items move (Newcombe, 2010).
- Science, technology, engineering and math fields (STEM) build upon those early years of motor development (Uttal, Meadow, Tipton, et. al., 2013).

Integrated Technology & Spatial Development

- The children of today have never known a life without mobile devices, computers and television.
- Top grossing apps for young children sold on the iTunes website are advertised as "Education" (<u>http://itunes.apple.com/</u>).
- Studies have not yet been conducted on the validity of the educational potential.

Use of Digital Devices

- Children using a mobile device for media activity from 39% in 2011 to 80% in 2013 (Rideout, 2014).
- Children who are poorer or of minority status have higher usage rates daily (Rideout, 2013).
- 58% of parents in 2013 reported downloading apps for their children
- 80,000 apps are classified as education- and learning- based (Apple, 2015)
- At-risk children already show less optimal sleep health, and related adaptive and cognitive functioning issues (Keefe-Cooperman & Brady-Amoon, 2014).

Spatial Development and Integrated Technology

- Touch screen usage involves a physically different manipulation of objects.
- Fingers are used to move items across the screen in a two dimensional manner.
- The American Academy of Pediatrics (2015) suggests limits for screen time, but provides only minimal guidance on how to successfully help parents enforce healthy usage boundaries.

Purpose of Study

- Several hypotheses were tested
 - Time spent on digital devices is significantly negatively associated with visual spatial abilities.
 - Television viewing time has not decreased since 2010, and children have more total screen time due to the increase of digital device usage in society.
 - There is a significant relation between overall screen time/digital device usage based and racial identification, SES, and maternal education.

Preschooler Population

- Participant Group 2013 2014
 - 502 children (median age of 3.1 years); 326 male;173 female
 - Reported race/ethnicity:
 - European-American or White (n = 371, 74.1%)
 - Latino or Hispanic (n =45, 9%),
 - Black or African American (n = 51, 10.2%),
 - Asian or Asian American (n = 25, 5%)

Income:

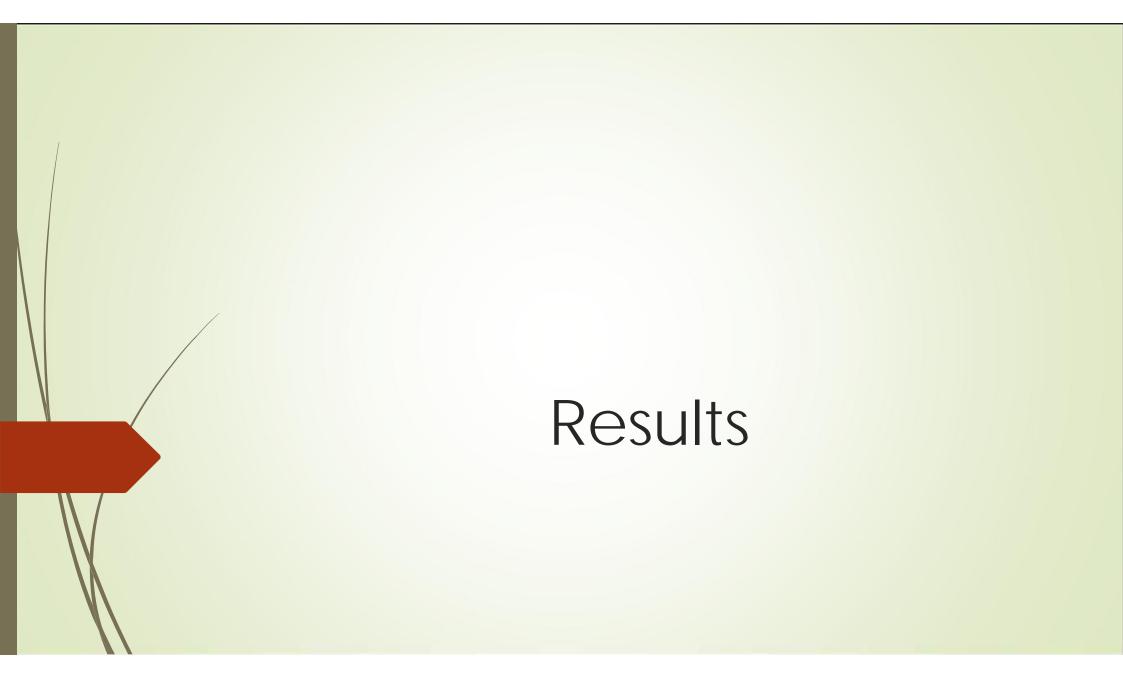
- 11.8% of the children (n = 59) lived in at risk/lower income areas
- 16.8% (n = 84) lived in lower middle class areas
- 44.3% (n = 221) lived in middle class areas
- 25.9% (n = 129) lived in upper middle class areas
- Maternal Education
 - At least a college degree (77.7%).
 - Some college (14.1%),
 - HS degree or its equivalent (4.6%), Did not finish HS(3.6%).



- Participant Group 2005 2010
 - ♦ (n = 612)
 - The two groups were similar to each other in all areas, including age, parental information and level of functioning.

Tests Used

- Wechsler Preschool and Primary Scale of Intelligence-Fourth Edition (WPPSI-IV)
 - -Visual Spatial Composite Score (Block Design & Object Assembly)
 - Full Scale IQ
- Peabody Developmental Motor Scales Second Edition (PDMS-2).



Bivariate Correlations Among WPPSI-IV Visual Spatial Composite Index, Smart Device Usage Time, and PDMS-2 Fine Motor Quotient

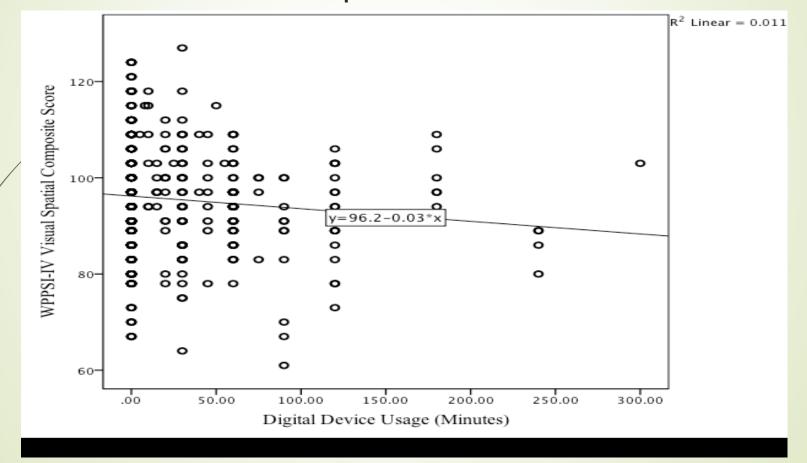
Table 1

Bivariate Correlations Among WPPSI-IV Visual Spatial Composite Index, Smart Device Usage Time, and PDMS-2 Fine Motor Quotient

	1	2	3	4
1. WPPSI-IV Visual Spatial		10*	.27	
2. Smart Device Usage			06	20**
3. PDMS-2 FMQ				
4. WPPSI-IV Full Scale IQ				

* p < .05

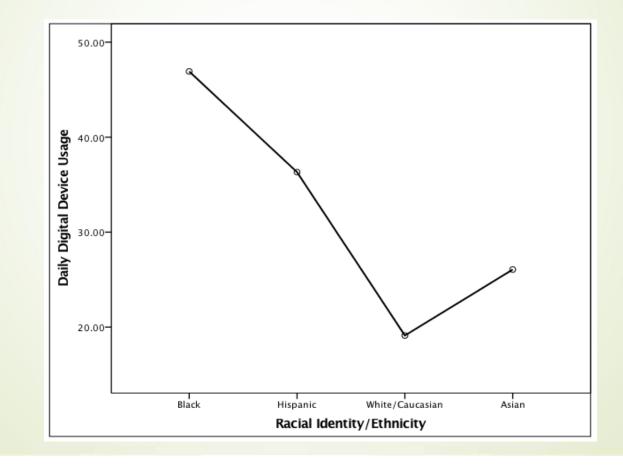
Smart Device Hours and WPPSI-IV Visual Spatial Scores



Television Viewing Times, Smart Device Usage, and Total Screen Time in Racial/Ethnic Identity from the 2010 and 2014 Preschooler Groups

Racial Identity/ Ethnicity	п	Television ^a Time	Digital Device ^b Time	Total Scree Time	nª WPPSI-IV VS
European American					
2010	708	1-2 hrs		1-2 hrs	
2014	340	1 – 2 hrs	15 – 30 min	1-2 hrs	97.73 (11.31)
African American/B	lack				
2010	53	2 - 3 hrs.		2 - 3 hrs.	
2014	49	2 – 3 <u>hrs</u>	45 – 60 min	> 3 <u>hrs</u>	88.2 (12.39)
Latino(a)					
2010	47	2 – 3 <u>hrs</u>		2 – 3 <u>hrs</u>	
2014	38	2 – 3 hrs	30 – 45 min	2 – 3 hrs	88.67 (10.44)
Asian					
2010	39	1 – 2 <u>hrs</u>		1-2 hrs	
2014	24	1 – 2 hrs	30 – 45 min		96.92 (10.71)
Total					
2010	847	1 – 2 <u>hrs</u>		1 – 2 <u>hrs</u>	
2014	451	1-2 hrs.	15 – 30 min	2-3 hrs	92.88 (11.21)

Note. WPPSI-IV Visual Spatial (VS) Composite Score is derived from the Block Design and Object Assembly Subtest Scores; M = 100, SD = 15. "Television and total screen usage time have been collapsed into time categories: <1 hour; 1 - 2 hours; 2 - 3 hours; > 3 hours. "Digital device usage time has been collapsed into categories: 15 - 30 minutes; 30 - 45 minutes; 45 - 60 minutes. Digital Device Time Usage and Racial Identity/Ethnicity

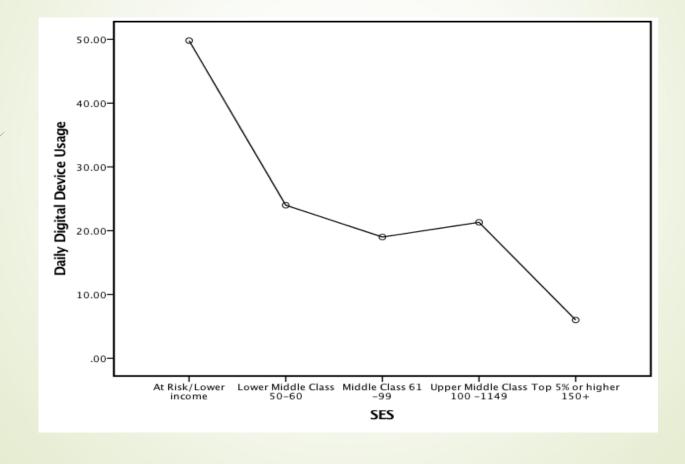


Television Viewing Times, Smart Device Usage, and Total Screen Time in Minutes for Socioeconomic Groups from the 2010 and 2014 Preschooler Groups

	SES Group	n	Television Time	Digital Device Time	Total Scr Time	een WPPSI-IV VS M (SD)
	At Risk/Lowest In	come				
	2010	59	2-3 hrs		2 – 3 hrs	
	2014	53	2-3 hrs	45 – 60 min	> 3 hrs	90.11 (10.36)
	Lower Middle class	SS				
	2010 (Com	bined wit	h Middle Class)		
	2014	74	1-2 hrs	15 – 30 min	2-3 hrs	95.12 (10.60)
/	Middle Class					
	2010	625	1-2 hrs		2-3 hrs	
	2014	204	1-2 hrs	15 – 30 min	2-3 hrs	95.94 (11.32)
	Upper Middle Clas	SS				
	2010	141	1-2 hrs		1-2 hrs	
	2014	121	1-2 hrs	15 – 30 min	1-2 hrs	98.23 (11.10)
	Total					
	2010	847	1-2 hrs		1-2 hrs	
	2014	452	1-2 hrs	15 – 30 min	2-3 hrs	95.66 (11.22)

Note. WPPSI-IV Visual Spatial (VS) Composite Score is derived from the Block Design and Object Assembly Subtest Scores; M = 100, SD = 15. ^aTelevision and total screen usage time have been collapsed into time categories: 1 - 2 hours; 2 - 3 hours; > 3 hours. ^bDigital device usage time has been collapsed into categories: 15 - 30 minutes; 30 - 45 minutes; 45 - 60 minutes.

Digital Device Time Usage and Socioeconomic Status

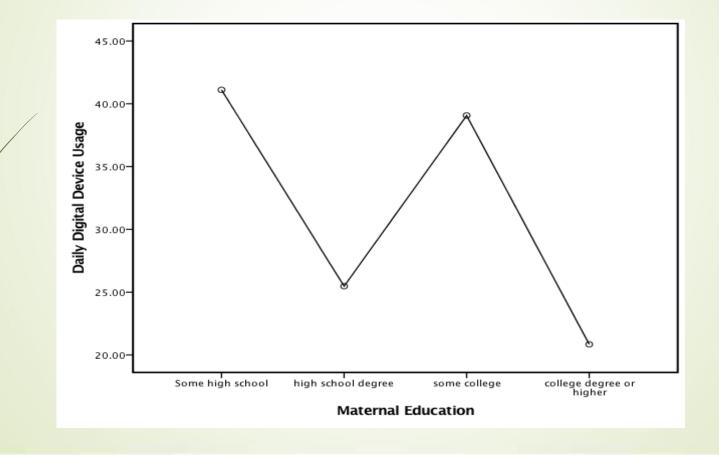


Maternal Educatio		n	Television Time	Digital Device Time	Total Screen Time	WPPSI-IV VS M (SD)
Did Graduate High School						
2	010	10	1-2 hrs		1-2 hrs	
2	014	9	1-2 hrs	30 – 45 min	2-3 hrs	92.13 (9.32)
High Sch	nool Graduate					
-		51	1-2 hrs		1-2 hrs	
2	014	22	2-3 hrs	15 – 30 min	2-3 hrs	86.4 (13.43)
Some Co	ollege					
2	010	103	2-3 hrs		2-3 hrs	
2	014	63	2-3 hrs	30 – 45 min	2-3 hrs	91.39 (9.63)
College Degree or Higher						· · · ·
2	010	477	1-2 hrs		1-2 hrs	
2	014	352	1-2 hrs	15 – 30 min	1-2 hrs	97.11 (11.12)
Total						
2	010	641	1-2 hrs		1-2 hrs	
2	014	446	1-2 hrs	15 – 30 min	2-3 hrs	95.64 (11.33)

Television Viewing Times, Smart Device Usage, and Total Screen Time in Minutes for Maternal Education Groups from the 2010 and 2014 Preschooler Groups

Note. WPPSI-IV Visual Spatial (VS) Composite Score is derived from the Block Design and Object Assembly Subtest Scores; M = 100, SD = 15. ^aTelevision and total screen usage time have been collapsed into time categories: < 1 hour; 1 – 2 hours; 2 – 3 hours; > 3 hours. ^bDigital device usage time has been collapsed into categories: 15 – 30 minutes; 30 – 45 minutes; 45 – 60 minutes.

Digital Device Time Usage and Maternal Education



Digital Device Usage, Television Viewing & Visual Spatial Performance

- This study provides novel information about how the increase in digital usage relates to preschooler visual spatial functioning
- There is more screen time due to the combination of television and touch screen devices
- There are digital device usage differences based on racial identity, SES and maternal education.
- The results extend previous research showing how ethnic/racial status, SES, and maternal education are related to greater risk for educational difficulties.
- At risk preschoolers are missing opportunities for naturally occurring visual spatial exploration within the environment because of increased integrated technology usage.

Implications for the Classroom

- Realize in the early elementary school years that children may not have had the traditional upbringing as seen in former times.
- Proactively compensate with the use of structured spatial lessons (hands on activities)

Teacher Training

- Differentiate between attitudes toward (Information and Communication Technology) ICT generally and ICT as an educational tool.
- Integrating ICT involves teacher's:
 - cognitive attributes (i.e. competence and self-efficacy in ICT use, attitudes, beleifs)
 - Professional characteristics
 - Personal characteristics
- Teacher training programs should enhance student perceptions that ICT has a positive impact on learning

Teaching Teachers to Assess the Quality of Educational Apps/Materials Using the Science of Learning

Active learning

- Children play an active role in their own learning
- Children are active knowledge builders
- They do not simply observe what is going on around them and copy it
- Active Learning in Practice
 - Symbolic material to support active cognition at various levels of expertise are evidenced.

Engagement in the learning process

- Three kinds of engagement:
 - Behavioral engagement (i.e., rule-following, effort, persistence, participation in programs)
 - Emotional engagement (i.e., affective reactions)
 - Cognitive engagement (i.e., investment in learning, flexibility in problem solving)
- Engagement in Practice
 - Praising the effort of trying
 - Achieving a goal within the app

Meaningful Learning

- Sustainable and useful learning comes from experiences that connect to our existing knowledge.
- Meaningful Learning in Practice
 - The number and quality of relationships between the app experience and the larger realm of a child's life.

Putting it All Together

- Digital learning tools can be helpful if integrated appropriately into a child's life
- Teachers can help to make that happen
- We need to make sure teachers are comfortable with technology and their ability to bring it to the classroom effectively
- We need to help teachers be able to critically assess technological and digital tools to make sure standards for learning are met

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Thank you!!!

Questions?

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